

WRAYLY MAIL

NOVEMBER 2010

DIARY DATES

- Tues 2 The Wray/Grez-Neuville Twinning AGM will take place in Wray Institute at 8.00 p.m. All welcome.
- Thurs 4 7.45 p.m. **Yoga** in Wray Institute and on following Thursdays. £5 per session. Mats provided. All welcome. Tel: Kathy Cartledge 61567.
- Mon 8 7.30 p.m. Wennington Parish Council Meeting in Wennington Hall School.
- Mon 8 7.30 p.m. Wray with Botton Parish Council Meeting in Wray Institute.
- Tues 9 7.30 p.m. Tatham Fells W.I. in The Old School, Lowgill. Creative Craft Workshop with Rosie Jackson. Comp: A homemade soft toy. Visitors welcome.
- Wed 10 7.30 p.m. Wennington & District W.I. in Wray Institute. 'Two New Zealand Islands' Dr. Mike Hall. Visitors welcome.
- Thurs 11 Very informal Ceilidh Dancing. Called dances, recorded music. Tatham Fells Old School. 7.30 p.m. £1 inc. tea/squash & biscuits. Also on Thursday 25th November.
- Thurs 11 18th and 25th November, 6pm to 7pm; Weight Loss Challenge, Melling Institute, contact Sarah Rycroft to Pre-Register: 07736807157 or 21166.
- Thurs 11 and 25th November. 10 - 11.30 a.m. Wray Tots in Wray Methodist Chapel. Any unwanted baby or pre-school toys would be most welcome. For more info contact Kris on 21738.

- Fri 12 **At last it's here - The Grand Auction of Promises!**
 There are lots of wonderful promises waiting for your bids. Do not miss them! Catalogues are available throughout the Lune Valley. **Join us at Hornby Institute at 7.30 p.m.** Auctioneer John Whitfield. Proceeds to Wray, Tatham and Tatham Fells Churches.
- Fri 12 7.30 p.m. Wray School Christmas Bingo in Wray Institute. Tip Top Prizes. £1 per game. All proceeds go to the children of Wray School.
- Sat 13 7.30 p.m. Tatham History Society in the Old School, Lowgill. Edward Huddleston, 'Local life in the 20th century from farm diaries'. All welcome. Non-members £2. Light refreshments. Membership details: Anne Wilson, Tel: 63399. Society website: www.tathamhistory.org.uk
- Sat 13 Hornby District Ramblers. The walk will be in the Wray area. Approximately 5 miles. Led by Rachel Holliday, Tel. 21701. Meet on Hornby Car Park at 9.30 a.m. This walk will be followed by lunch. Bring suitable footwear. No dogs allowed.
- Sat 13 Bentham Film Group will be showing 'Sherlock Holmes' Cert 12A at 7.30 p.m. in the Victoria Institute, Low Bentham. Refreshments for sale in interval and raffle draw. Tickets £5 on the door. Further details www.benthamfilms.co.uk
- Tues 16 7.30 p.m. Tatham Parish Council meeting in St James the Less Church, Lower Tatham.
- Tues 16 2.00 p.m. Wray Over Sixties in Wray Institute. The speaker will be The Reverend Bob Jackson. A talk with slides on his trip to Nepal and Tibet. Visitors welcome.

- Tues 16 **Music in the Fells - Harald Haugaard Quartet featuring Helen Blum (vocalist).** 7.30 p.m. at the Church of the Good Shepherd, Tatham Fells. **Tickets £7.50 (students £5)** available from David and Carole Butcher. Tel: 015242 63095. Harald is a fiddling phenomenon from Denmark. He plays classical and traditional music. The British world music magazine *fRoots* declared him one of the best three fiddlers in the world. Visit Harald's website (further details on Tatham Fells website).
- Fri 19 7.45 p.m. The Countryside Society in Hornby Institute. Ian Saunders will give an illustrated talk on “Early Maps and Mapmaking for Lancashire”.
- Fri 19 8.00 a.m. to 11.00 a.m. Waste Paper Collection at Lairgill Car Park in aid of N.S.P.C.C.
- Sat 20 11.30 am - 2.30 pm Health Bonanza -Wray Institute '**The Bare Bones of Good Health**' -Drop in Open Day - get fit for Christmas and the New Year with Chrissy Burgess, Kate Lewis and Sarah Rycroft. Admission free. Mini demos/ workshops, children's activity corner, vouchers and special offers. **3pm -4.30pm Taster appointments**, to pre-book contact: Sarah Rycroft tel: 21166.
- Sat 20 7.30 p.m. Tatham Fells Village Society - '**Sab Kuch Milega**' A six month climbing trip including India, Thailand and China. An illustrated talk by Chris Clements and Alex Kirkpatrick. £2 including tea/coffee and biscuits.
- Thurs 25 Hornby Drama Group presents “Night Must Fall” by Emyln
 Fri 26 & Williams at Hornby Institute at 7.30 p.m.
 Sat 27
- Thurs 25 Ladies night. Flowers for Christmas with Ruth Woodhouse in Wray Chapel Sunday School room. 7.30 p.m.

- Fri 26 **2.00 p.m. Tatham Fells School Christmas Fair.** Christmas Crafts, stalls and refreshments. All welcome.
- Sat 27 7.30 p.m. Tatham History Society, Old School, Lowgill: Melinda Elder, 'Slavery, sugar and cotton: local connections with the West Indies' preceded by AGM. All welcome. Non-members £2. Light refreshments. Membership details: Anne Wilson, Tel 63399.
Society website: www.tathamhistory.org.uk

Advance Dates

Saturday 4th December 2010. 12pm to eat at 12.30 p.m. The Christmas get together lunch for all those in Wray village who are over 60. Invites will be delivered during the first week in November with replies to be in by 27th November either by popping in the special post box at the Post Office or by post to Ethel Gorst, Gamblesholme, Wray, Lancaster. LA2 8ND or telephone her on 21406. If, after the invites are out, you know of someone who has not got one, please let us know. It is a very difficult task to find out who is over 60 in the village. Thanks.

Monday December 6th 2010. **Wray with Botton Sports Grand Christmas Raffle and Domino Drive.** We are hoping to make this one of our main fundraising and social events of the coming year. Please support us by buying raffle tickets, attending the domino drive or offering prizes for the event. Sports members will be selling tickets around the village towards the end of November. The evening will begin at 7.30 p.m. with the domino drive with the raffle being drawn about 8.30 p.m. Refreshments will be served. Entrance: adults £2, schoolchildren £1.25p
Monday 13th December. Carols by candlelight, 7.30 p.m. Wray Institute.

Melling School PTA are having a Bags2School collection on Friday 10th December to raise funds. Any bags of unwanted clothes, shoes, belts, bags and bedding would be appreciated. Please could you drop any donations at the school on Thursday 9th December or if you need it collecting please telephone Ursula Parkinson on 015242 21056. Thank you.

Wray Chapel

Fellowship Meetings, 7.30 p.m. supper to follow.

November 4th - Bentham Worship Group.

November 9th} -

November 10th} - Bible Studies by Joe Hawkey

November 11th)

November 20th - Anniversary. Visit of Orton Male Voice Choir

November 25th - Ladies night - Flowers for Christmas with Ruth Woodhouse. This is instead of the craft night with coffee and nibbles.

Ladies Meeting - November 11th at 2.00 p.m. Mrs. Christine Hellyer. Tea to follow.

WRAY INSTITUTE NEWS

There is a large amount of odds and ends of crockery in the Institute. If you can make use of all or some of the items please contact Bill Bowman
Tel: 21765

Jumble Sale Thanks

Tatham Church PCC would like to thank everyone who gave jumble, bric-a-brac etc. and donations. Once again we had a tremendous response. Out thanks to the helpers - great team work by all! The room was packed with jumble and keen buyers and the atmosphere was lively with bargains galore. An amazing total of £1,070 was raised for the Church. Diary Date - Hornby Institute is booked for 17th September 2011.

The Wray Institute telephone number is 22311, Frank Gretton is the caretaker.

FOR SALE:

Townsend "Oregon Trail" Bicycle with panniers. Good condition
£30.00 ono
Tel: 015242 62936

FOR SALE:

Soft old comfortable large reclining chair, manual, reaches all positions, bit tired looking & could do with attention but perfectly functional and relaxing! £150 ono

Solid pine single bed frame with headrest (plus a few stickers!)
£30 ono

Two bikes needing attention: Black BMX style small child's (6 - 10 yrs.)
Purple girls' Apollo bike (7 - 12 years). £10 for both.

TEL: 015242 22396

FOR SALE:

Electrolux Fridge, 55w x 60d x 84L. £20

Bosch 50/50 fridge/freezer, 55w x 60d x 170L. £50

(available due to kitchen refit)

TEL: 015242 61070

WANTED: Local upholsterer - is anyone interested in re-covering a sofa?
Please contact 015242 22396

Jack Russell Pups - Smooth coated, Tri coloured. Both parents can be seen. £150.00

Rare miniature Jack Russell bitch. 6 months old, Tri coloured. Fully house trained, great with children. Very small dog with a great temperament, ideal house dog. £250.

TEL: 015242 63114 or mob. 07899965117.

Victoria Institute Caton

Reservations now being taken for our popular IT courses starting in January. For more information telephone Judy at the Institute on 01524 771733, weekdays between 9.30 and 3.30.

Church Services in November

In addition to our usual services this month we have a 'Quiet Day' for all our churches on Saturday November 20th at the Old School and the Church of the Good Shepherd, Tatham Fells, led by Norman Dawson.

Before the Christmas rush 'Come and rest awhile'.

A day for quiet, prayer and reflection, from 10.00am to 4.00pm.

Jacob's Join Lunch, tea and coffee provided.

No charge, all welcome.

Monday November 1st All Souls Day

6.30pm Holy Communion in Tunstall Village Hall

November 7th, Third Sunday before Advent

8.00 am Tatham Holy Communion

11.00 am Wray Holy Communion

2.15 pm Tatham Fells Evening Service

9.30am Melling Family Service 11.00am Tunstall Sung Eucharist

November 14th, Remembrance Sunday

8.00 am Wray Holy Communion

10.30 am Tatham Remembrance Service

10.30 am Tatham Fells Remembrance Service

6.00 pm Wray Remembrance Service

10.30am Tunstall United Parish Eucharist of Remembrance

12noon Melling Act of Remembrance

12.30pm Leck Act of Remembrance

Saturday, November 20th Quiet Day at Tatham Fells (see above)

November 21st, Feast of Christ the King

9.30 am Tatham Fells Holy Communion

11.00 am Wray Family Service

9.30am Melling Sung Eucharist 11.00am Tunstall Sung Eucharist

November 28th, Advent Sunday

8.00 am	Wray	Holy Communion
9.30 am	Tatham Fells	Holy Communion
7.00 pm	Wray	Youth Service

9.30am Melling Sung Eucharist 11.00am Leck Family Service

December 5th, Second Sunday in Advent

8.00 am	Tatham	Holy Communion
11.00 am	Wray	Holy Communion
2.15 pm	Tatham Fells	Evening Service

9.30am Melling Family Service 11.00am Tunstall Sung Eucharist

Church Contacts:

Revd Mark Cannon, Wray Vicarage (21030)

Readers: Ann Dawson (62936), Peter Osborne (61029),

Mary Winter (21784)

Nathan Harrison - Window Cleaning. Domestic window cleaning throughout the Lune Valley. Clean frames, Fascias, conservatory roofs, awkward windows etc. *Friendly *Reliable *Local
Phone now for a quote: 015242 22231 or 07775838719

Richard Hope - Wooden Gates. Specialist in Design, Manufacture and installation of Wooden Entrance, Garden and Field gates. Robert Hall Farm , Lower Tatham. Tel: (015242) 61455. www.woodengates.net

Sole to Soul -Grasmere Drive, High Bentham

As well as Chiropody/Podiatry, Reflexology, Massage and Healing, we now also offer Food Intolerance testing, Detox Footbaths, Medical Herbalism, Naturopathy, Counselling, EFT - and with more to come. There are also a variety of courses and workshops available as well as therapy space to let and a room for classes and courses and workshops. Please contact us for information.

Our phone number is still 015242 63067 and the web address is www.sole-to-soul.net.

**T. & P. Sedgwick. Windows, Doors, Conservatories.
Workshop 015242 21759**

P. McLachlan - Plastering, Pebble Dashing, Damp proofing (Sovereign approved contractor), Roof work. All general building maintenance. No job too small. For friendly service Tel: Paul (01524) 730563 or mobile 07581534317

Mark Routledge **PLUMBER** from bathroom alterations to leaking taps, no job too small. Ring Mark on 07900 558835 or Katherine Edge 01524 34942

M H RESTORATIONS - SANDBLASTING SERVICES

Specialists in Stone & Brick Cleaning, Wet & Dry Blasting, Industrial & Domestic, Steel Work, Graffiti Removal, Cleaning on or off site. Plant & Machinery. Jobs of all sizes undertaken. TEL: 015242 21929.
Mob. 07794079939

Massage for Health and Relaxation - The Smithy, Lodge Lane, Wennington: Stressed? Sore muscles? Suffer from headaches? Is everyday life becoming more of a challenge? Or perhaps you prefer to be pampered? Massage; Reflexology, Thermal Stone Therapy and Indian Head Massage treatments. Mobile/workplace visits possible. For further details and appointments please contact Sarah Rycroft. Tel: 015242 21166

WRAY POST OFFICE-The local shop for magazines,cards,stationery, wines and spirits, cigarettes, fresh produce, local Bowland sausage and bacon. Small selection of mince, stewing beef, lamb & pork.

Fresh bread, sandwiches, pies and cakes. Fax machine @ 25p a copy.

Opening Times: Monday to Friday - 7.00 a.m. to 6.30 p.m.

Saturday - 7.00 a.m. to 4.00 p.m.

Sunday - 9.00 a.m. to 12 noon TEL: 21253

TEMPTATIONS - 31 Main Street, Bentham. Tel: 015242 61868

Selection of patchwork & other fabrics, haberdashery, beads, ribbon etc.
Knitting yarns & patterns. Cross stitch & needlecraft kits & much more

Greenhall Riding Centre, Tatham.

*** Riding lessons. *Hacking. * Children's farm rides.**

All now available by fully qualified instructor.

Telephone Rachael on: 015242 61594 or 07817918234

www.greenhallridingcentre.com

C-Hair. Claire Burrow Mobile Hairdressing. Specialist in cutting, colouring, styling, perming, hair-up, wedding packages. Hair & Make-up. Fudge-Wella-TIGI. Tel: 62383. M:07787325155. Flexible appointments

Steven Foster (CITB reg) Landscape & Groundworks.

Retaining walls, flagging, turfing, Gravel gardens, site clearance, ponds, Drainage and groundworks, Digger, tractor and trailer work.

Free phone: 0800 955 8780 www.FostersLandscapes.com

G. Walker - Local Handyman. Home Maintenance & Repairs,

Painting, Decorating, Floor & Wall Tiling. Friendly, Reliable & Quality Service. No job too small. For free estimate with no obligation call

Graham on 015242 22511 or Mob: 07704454264

J. Lawson - Electrical Contractor. Tel: 07786222566 or 015242 62916

The Pottery - Workshops, Drop in, Commissions, Parties. Greenlands Farm Village, Tewitfield, Carnforth LA6 1JH. Tel: 01524 784197
email: wyn@wynabbot.com

Family Funeral Directors: Cliff Small Funeral Service. 20 Brookhouse Road, Caton. Tel: (01524) 770886 (24 hours). Personal, caring attention. Private Chapel. Prepaid Funeral Plans. Headstones.

Telford Building Ltd. Stonework, Brick/Block Work, Indian Flagging, Paths, Patios, Repointing Work, Extensions. No job too small. Friendly service. Tel: m. 07971387678 or 015242 21908

B&W Funerals Ltd - Funeral Director, James G Macdonald. Tel: 015242 61370. Mobile: 07758002260. We are an independent company and are members of the N.A.F.D. 24 hour service, Private Chapel of Rest. 39 Main Street, Ingleton, Carnforth. Office Tel: 015242 41293

Toll House Computers -Repairs, Upgrades, Servicing. Networking & Security. Virus & Spyware Removal. All work undertaken. Reasonable prices. No Fix - No Fee. Call Martin on 015242 62605

Handyman - Full garden & home maintenance. No job too big or small. Gardening, Turfing, Fencing, Painting & decorating, Tiling, Flat packs, Doors & locks. Call Terry on 015242 62605. 07702229207

Busy Bodies Pre School - Based at Melling St Wilfrid's CE Primary School. Open Monday and Wednesday afternoon 12.30 until 3.00 p.m. Only £6 per session. For children aged 2yrs until they start school. Fully qualified staff. Ofsted registered following an Early Years Curriculum. Busy Bodies offers places regardless of the choice of primary school. For an informal chat please phone Sue Newsham 07870 160886

Valley Lawns- Gardening, Landscaping, Groundwork. Tree pruning, hedgecutting, leaf blowing, gutter clearance. Contact Dave: 07970352126, 01200447683

Woodwork Tuition - Come and make furniture with Iain Robertson (formerly of Spout House, Lupton). Morning or afternoon session. Bookshelves made to order. Furniture repairs undertaken. Lower Thrushgill, Wray. Tel: 015242 61410, email spout@onetel.com
www.woodworking-tuition.co.uk

Advance Travel - Your local Airport Transfer Service - Up to 5 Passengers. Ford Galaxy People Carrier. Friendly Reliable Service. Call Richard: 07706053769

Lune Valley Practice - sports massage and manual therapy. Lune Valley Practice specialises in sports massage, treatment and rehabilitation of sports injuries and manual therapy for general musculoskeletal complaints.

For more information visit the website at www.lunevalleypractice.co.uk, To book an appointment call Andrew Calvert on **07804 893540**

Kitchen Installations North West Ltd. - Suppliers of German Kitchens by Schuller. A local family firm with over 15 years experience and our reputation built upon recommendations. **Visit our showroom by appointment.** Unit 3, Low Mills, Mill Lane, Low Bentham, LA2 7DA Telephone 015242 63388 or 07831 151839, email mark@kinw.co.uk www.kinw.co.uk

The Barber Shop, Sation Road, Bentham - *We are moving* - You will find us across the road from early October (Oglethorpe's old premises) Ring 07761725744 or 07851464433 or call and see us in our new shop!

Healing Your Body Naturally. *The Bowen Technique* is a gentle holistic treatment that stimulates the body's own natural healing process. The technique addresses the whole body and works on many levels including the physical, chemical and emotional wellbeing of each individual client. It can be used for most conditions including back and joint pain, sciatica, fibromyalgia plus many more or simply for relaxation and balance. Gift vouchers available. For further information or to make an appointment tel: Kate on 015242 61070/ 0774633220. www.bowtech.com

Bridge House Farm Tearooms and Bistro - Winter Opening. Tues - Sun, 10am to 4pm

November Events: Saturday 6th - Gunpowder, Treason and Plot, Bistro Evening.

Friday 26th - Kids Clubs from 4pm, join me for Making, Baking and Playing.

Saturday 27th - Medieval Banquet - Bistro Evening.

Every Friday Tea @ the Tearooms 5 - 8pm, also available to take away.

Bookings now being taken for Christmas, Menus available. Please feel free to pop in and pick up any menu or call 015242 22496

Greenfoot Garden Centre at Bridge House Tearooms, Wray.

Tel: 015242 21184. Winter opening, Tues - Sun, 10am to 4pm

We have inspirational gifts and decorations for the home and garden

In the Garden Room - Burgon & Ball garden tools, Laura Ashley range, Ladies Countrywear, Christmas hampers for gardeners in a flowerpot..... and much more. Gift Vouchers.

Christmas Trees from Saturday 4th December. Freshly cut including the Nordmann non-drop. Enjoy a complimentary glass of mulled wine when you purchase your Christmas tree. Local delivery of trees available.

We are now taking orders for Christmas Trees and our Wray willow based *traditional wreaths.*

Copy Date for the Wrayly Mail

ONLY Diary Dates (as they are free) can be emailed to:

wraylymail@woodengates.net by the 14th of each month.

ALL other items are collected from the tin in Wray Post Office on the 15th of each month. **Business advertisements £2 per month, announcements etc. £1.** Please could a name and contact number accompany each item. Please indicate if you do not wish your entry to be published online. (Diary Dates can also be put in tin if preferred).

If you would like a page on the village website please email chris@wrayvillage.co.uk or if you would like a link to your own website on ours just ask. A link back to us is the only payment required.
<http://www.wrayvillage.co.uk>

Call For Trial Participants

Wray first to trial next generation travel information system

Lancaster University are looking for residents to trial an innovative new travel information service called OurTravel that aims to support & inform rural communities

- Provides real-time notifications about local travel issues often overlooked or unknown by existing travel information services
 - Dangerous conditions on A & B roads
 - Livestock obstructions
 - Road works
- Information is sourced locally from within the surrounding communities enabling the delivery of reliable trusted travel information
- Provides users with an intuitive interface to communicate information about common journeys
 - School run
 - Trips to the supermarket
 - Commutes to work

If you are interested in participating in this exciting trial post this flyer into the Wrayly Mail box in the Post Office along with your contact details. Alternatively, send us your details via phone or email for more information.

Full Name

Contact Point (Email / Tel)

Web - www.ourtravel.org.uk Email - info@ourtravel.org.uk Phone - (01524) 833588



