

DIARY DATES

- Fri 1 7.00 p.m. in Holy Trinity Church, Wray. **Malcolm Binns** celebrated concert pianist plays **Chopin**. Tickets from Wray Post Office Tel: 015242 21253 and at the door £8 or £2 (children and students).
- Fri 1 7.30 p.m. Vale O' Lune YFC 65th Dinner Dance, Arkholme Village Hall. Tickets £12. Tel: 07968416649
- Mon 4 **Flu Vaccinations** starting at Bentham Medical Practice. Monday - Friday at Bentham Surgery 10-11 am and 2-3pm Also Ingleton Surgery, Tuesday and Thursday 10am - 12 noon. **No appointment needed.** For further information ring Bentham 61202. Clinics will run for 4 weeks until Friday 29th October.
- Mon 4 Holy Trinity Church, Wray **Harvest Supper** in Wray Institute at 7.00 p.m. prompt. Traditional 2 course meal followed by an auction of Harvest produce. All welcome to this grand village occasion. Tickets from Francis Hartnup (21465), Sue Rowland (22484) or any PCC member. £6.50 adults, school children £4, pre-school children free.
- Thurs 7 **Yoga** in Wray Institute starting at 7.45 p.m. and on following Thursdays except half-term. £5 per session. Mats provided. All welcome. Tel: Kathy Cartledge 61567.
- Sat 9 Hornby District Ramblers. The walk will be in the Kingsdale, Ingleton area. Approximately 5 miles. Led by Denis Chamberlain (21436). Meet on Hornby Car Park at 9.30 a.m. Bring packed lunch and suitable footwear. No dogs allowed.
- Sat 9 **Book Fair.** Hornby Institute, 10.00 a.m. to 4.00 p.m. Thousands of second-hand, antiquarian, out of print, or

otherwise interesting books for sale. For more information, ring 0161 7974786.

- Sat 9 7.30 p.m. Tatham Fells Village Society **Harvest Supper and Domino Drive** in the Old School, Tatham Fells. £6 for adults, £3 for children.
- Tues 12 7.30 p.m. Tatham Fells W.I. in the Old School, Lowgill. Annual Meeting and Quiz Night. Visitors very welcome.
- Wed 13 7.30 p.m. Wennington & District W.I. in Wray Institute. Annual General Meeting. Sales Table and Jacobs Join. Visitors very welcome.
- Thurs 14 Very Informal Ceilidh Dancing. Called dances, recorded music Tatham Fells Old School, 7.30 p.m. £1, inc. tea/squash & biscuits. Also on the second and fourth Thursday of each month, the others on 28 Oct, 11 Nov and 25 Nov.
- Fri 15 8.00 a.m. to 11.00 a.m. Waste Paper Collection at Lairgill Car Park, High Bentham in aid of N.S.P.C.C.
- Fri 15 7.45 p.m. Countryside Society in Hornby Institute, Tony Wood will give an illustrated talk on "Wildflowers of Westmorland".
- Mon 18 7.30 p.m. Vale O' Lune Young Farmers New Members Night in Melling Institute. Phone Alison Grieve on 07968416649 for more information.
- Tues 19 2.00 p.m. Wray Over Sixties in Wray Institute. The speaker will be Mrs. Anne Burrow from Cowan Bridge. "By Fire and Candlelight". Visitors very welcome.
- Fri 29 10.00 a.m. to 11.30 a.m. Wray Methodist Chapel Activity Morning for 0 - 5's. (Older siblings welcome). Parents and carers to stay with children please. For more information contact Lisa Huddleston 62726.

Sat 30 7.30 p.m., Old School, Lowgill. Tatham History Society, Mike Winstanley, 'People and Properties in Tatham a century ago'. All welcome. Non-members £2. Light refreshments. Membership details: Anne Wilson, Tel: 63399. Society website: www.tathamhistory.org.uk

Advance Dates:

Tuesday 2nd November 2010. The Wray/Grez-Neuville Twinning AGM will take place in Wray Institute at 8.00 p.m. All welcome.

Friday 12th November 2010. Only a month to go until **The Grand Auction of Promises!** The catalogues are out throughout the Lune Valley. An amazing variety of promises are on offer, so come and join us for a wonderful evening at Hornby Institute at 7.30 p.m. (Proceeds to Wray, Tatham and Tatham Fells Churches).

Friday 12th November 2010. 7.30 p.m. Wray School Christmas Bingo in Wray Institute. Tip Top prizes £1 per game.

Tuesday 16th November 2010. **Music in the Fells - Harald Haugaard Quartet featuring Helen Blum (vocalist).** 7.30 p.m. at the Church of the Good Shepherd, Tatham Fells. **Tickets £7.50 (students £5)** available from David and Carole Butcher: Tel: 015242 63095.

Harald is a fiddling phenomenon in Denmark. He plays classical and traditional music, composes and teaches (he is a professor at the Carl Nielsen Academy.) The British world music magazine *fRoots* declared him one of the best three fiddlers in the World. Visit Harald's website (further details on Tatham Fells website).

25th 26th & 27th November 2010. Hornby Drama Group will be presenting "Night Must Fall" by Emyln Williams at Hornby Institute, at 7.30 p.m. Further details next month.

Wray Chapel

October 14th. Ladies Meeting. 2.00 p.m. Tea to follow. Mrs. E. Pollit (Vicars's wife of St. Pauls, Brookhouse) All ladies very welcome.

“SHAPELY DOES IT” HIGH BENTHAM IS NOW A CO-OP!

Shapely Does It ladies' fitness and toning centre (previously a privately owned business located in Low Bentham) became a co-operative at the beginning of August and moved to new premises in High Bentham. It is now run by the members themselves and has settled in well to its spacious new studio in Millers Court.

Members of the co-operative and their guests celebrated the move at a launch party on Wednesday 11th August. “We were delighted with the turnout and look forward to welcoming many more new members now that we are in a more convenient location on the Main Street”, said Kath Higgins, creator of the original business and one of the founder members of the new co-operative.

The studio boasts toning chairs, tread mill and state-of-the-art vibro plate (a piece of equipment much loved by celebrities and apparently the only one to be found in the area outside of Morecambe), Women of all ages and physical abilities can benefit from the facilities and no special clothing or fitness level is required.

The members of *Shapely Does It* would like to thank everyone who supported their launch party and are looking forward to a successful first year's trading as a co-operative. They would also like to invite anyone interested in joining to book a free trial at the studio to find out for themselves how easy and enjoyable shaping up can be!

*Enquiries & bookings to Unit 7, Millers Court, Bentham LA2 7PR
Tel: 015242 62112*

William and Katharine Johnson from Ashley House would like to thank the friends at the Chapel for the flowers given for the birth of Holly on 8th August 2010. The flowers were a lovely surprise and very much appreciated. Thank you.

WOODHOUSE - The family of the late Jimmy Woodhouse of Barkin Gate Farm, Roeburndale, wish to thank all their relatives, friends and neighbours for their flowers, baking, cards and messages of sympathy following their sad loss. A special thanks to Edward the organist who with the congregations singing, raised the roof. Thanks also to all those who came to Jimmy's funeral from far and near.

This is to thank everyone who came to my 70th birthday barbeque on Sunday. Special thanks to Sue & Neil for arranging it and the gorgeous cake, and to Ray Fox and Simon Dowson who did all the cooking. Ray's choice of music for the afternoon was spot on and we all enjoyed it. We were lucky enough to have lovely weather which made the day and on top of it all we raised £354 for Help the Heroes thanks to the generosity of all our friends and I had a real day to remember.

John Turner

Wray Institute News

A quite successful August Produce Show with some superb entries in all sections.

I wish to thank Brenda Mickle and Chris Conder for the support they give to the show every year; to John Marshall for being such a marvellous auctioneer; to the judges for the difficult job they have to do and to Lesley Wright, Gail Lenton, Anne Marshall, Ann Anderson and Catherine O'Donnell for all their help on the Saturday of the Show.

I would especially like to thank everyone who entered exhibits in the Show and those who left produce to be sold.

Judith Wrigley

Wray Institute telephone number is 22311, Frank Gretton is the caretaker.

Flu Clinic for patients of the Lunesdale Surgery Kirkby Lonsdale and West View Surgery, Hornby.

The NHS is being encouraged to reduce costs wherever possible and as a result we will not be sending individual letters to our patients this year.

Flu vaccination clinics will be held on:

Tuesday 12th October, 9.30 a.m. to 12.30 p.m. Kirkby Lonsdale Institute.

Wednesday 13th October, 9.00 a.m. to 12.00 p.m. Hornby Institute

Friday 22nd October, 9.30 a.m. to 12.30 p.m. Kirkby Lonsdale Institute

The above clinics are for patients who are over 65 years old or who fall into a priority group entitled to free vaccination.

Bridge House Farm - Wray Tel: 015242 22496

Open Tuesday to Sunday 10.00 a.m. to 5.00 p.m.

Traditional Roast every Sunday

October Events:

Friday 1st - Kids Club. *Making, baking and playing*

Saturday 2nd - Duck or Grouse. *Bistro Evening 7.00 p.m. to 9.00 p.m.*

Every Friday starting 8th October - *Tea @ the Tearooms, 5.00 p.m. to 8.00 p.m.*

Saturday 30th - *Autumn Nights, Bistro Evenings 7.00 p.m. to 9.00 p.m.*

For more information please ask to speak to Karen

Greenfoot Gardens at Bridge House Farm Tearooms, Wray.

Opening this month - The Garden Room Step into our new indoor space with exciting ideas for the Conservatory/Garden Room/Potting Shed

*Spring Bulbs *Unique Gifts for home and garden *Christmas

Decorations *Plants and containers *Gift Vouchers

The Garden Centre - Now is the time to plant bulbs for Spring flowering.

We have a good selection on display in The Garden Room including the elegant Lily Flowered Tulips and architectural Alliums.

Brighten up the area around your home with pots of Autumn colour.

Choose from our range of Autumn/Winter plants.

Telephone: 015242 21184

Wray School Pre-school - Come and join us!

We are open every day with session times of 9.00 a.m. to 12.00 p.m.
We also have a lunch club from 12.00 p.m. to 1.00 p.m. Monday to Thursday. Highly qualified and experienced staff. Stimulating, creative and nurturing! Exciting outdoor play experiences every day!
2 - 4 years old. Excellent Ofsted report (June 2009).
Phone Gwen on 07909797861 for more information and to arrange a visit.

Church Services in October

October 3rd , Eighteenth Sunday after Trinity

Harvest Festivals at Holy Trinity, Wray, and at the churches of Tunstall, Melling and Leck

8.00 am	Tatham	Holy Communion
11.00 am	Wray	Harvest Service
7.00 pm	Tatham Fells	Evening Service

11.00 am Joint Harvest Family Eucharist at Tunstall

October 10th, Nineteenth Sunday after Trinity

Harvest Festival at Tatham Fells

8.00 am	Wray	Holy Communion
11.00 am	Tatham	Morning Service
11.00 am	Tatham Fells	Harvest Service
7.00 pm	Tatham Fells	Harvest Evensong

9.30 am Melling Sung Eucharist 11.00 am Leck Sung Eucharist

October 17th, Twentieth Sunday after Trinity

9.30 am	Tatham Fells	Holy Communion
11.00 am	Wray	Family Service
9.30 am Melling	Sung Eucharist	11.00 am Tunstall Sung Eucharist

October 24th , Last Sunday after Trinity

8.00 am	Wray	Holy Communion
9.30 am	Tatham Fells	Morning Service
11.00 am	Tatham	Holy Communion

9.30 am Melling Sung Eucharist 11.00 am Leck Family Service

October 31st , All Saints Sunday

joint services for the congregations of all six churches.

11.00 am	Melling	‘Celebrating All Saints’
7.00 pm	Tatham	Holy Communion

Church Contacts:

Revd Mark Cannon, Wray Vicarage (21030)

Readers: Ann Dawson (62936), Peter Osborne (61029), Mary Winter (21784)

Nathan Harrison - Window Cleaning. Domestic window cleaning throughout the Lune Valley. Clean frames, Fascias, conservatory roofs, awkward windows etc. *Friendly *Reliable *Local
Phone now for a quote: 015242 22231 or 07775838719

Richard Hope - Wooden Gates. Specialist in Design, Manufacture and installation of Wooden Entrance, Garden and Field gates. Robert Hall Farm , Lower Tatham. Tel: (015242) 61455. www.woodengates.net

Sole to Soul -Grasmere Drive, High Bentham

As well as Chiropody/Podiatry, Reflexology, Massage and Healing, we now also offer Food Intolerance testing, Detox Footbaths, Medical Herbalism, Naturopathy, Counselling, EFT - and with more to come. There are also a variety of courses and workshops available as well as therapy space to let and a room for classes and courses and workshops. Please contact us for information.

Our phone number is still 015242 63067 and the web address is www.sole-to-soul.net.

**T. & P. Sedgwick. Windows, Doors, Conservatories.
Workshop 015242 21759**

P. McLachlan - Plastering, Pebble Dashing, All general building Maintenance. No job too small. For friendly service Tel: Paul (01524) 730563 or mobile 07581534317

Mark Routledge **PLUMBER** from bathroom alterations to leaking taps, no job too small. Ring Mark on 07900 558835 or Katherine Edge 01524 34942

M H RESTORATIONS - SANDBLASTING SERVICES

Specialists in Stone & Brick Cleaning, Wet & Dry Blasting, Industrial & Domestic, Steel Work, Graffiti Removal, Cleaning on or off site. Plant & Machinery. Jobs of all sizes undertaken. TEL: 015242 21929.
Mob. 07794079939

Massage for Health and Relaxation - The Smithy, Lodge Lane, Wennington: Stressed? Sore muscles? Suffer from headaches? Is everyday life becoming more of a challenge? Or perhaps you prefer to be pampered? Massage; Reflexology, Thermal Stone Therapy and Indian Head Massage treatments. Mobile/workplace visits possible. For further details and appointments please contact Sarah Rycroft. Tel: 015242 21166

WRAY POST OFFICE-The local shop for magazines,cards,stationery, wines and spirits, cigarettes, fresh produce, local Bowland sausage and bacon. Small selection of mince, stewing beef, lamb & pork. Fresh bread, sandwiches, pies and cakes. Fax machine @ 25p a copy.
Opening Times: Monday to Friday - 7.00 a.m. to 6.30 p.m.

Saturday

- 7.00 a.m. to 4.00 p.m.

Sunday

- 9.00 a.m. to 12 noon TEL: 21253

TEMPTATIONS - 31 Main Street, Bentham. Tel: 015242 61868

Selection of patchwork & other fabrics, haberdashery, beads, ribbon etc. Knitting yarns & patterns. Cross stitch & needlecraft kits & much more

Greenhall Riding Centre, Tatham.

*** Riding lessons. *Hacking. * Children's farm rides.**

All now available by fully qualified instructor.

Telephone Rachael on: 015242 61594 or 07817918234

www.greenhallridingcentre.com

C-Hair. Claire Burrow Mobile Hairdressing. Specialist in cutting, colouring, styling, perming, hair-up, wedding packages. Hair & Make-up. Fudge-Wella-TIGI. Tel: 62383. M:07787325155. Flexible appointments

Steven Foster (CITB reg) Landscape & Groundworks.

Retaining walls, flagging, turfing, Gravel gardens, site clearance, ponds, Drainage and groundworks, Digger, tractor and trailer work.

Free phone: 0800 955 8780 www.FostersLandscapes.com

G. Walker - Local Handyman. Home Maintenance & Repairs,

Painting, Decorating, Floor & Wall Tiling. Friendly, Reliable & Quality Service. No job too small. For free estimate with no obligation call

Graham on 015242 22511 or Mob: 07704454264

Kitchen Installations North West Ltd - suppliers of German Kitchens by "Schuller". A local family firm with over 15 years experience and our reputation built upon recommendations. **Kitchens - Utilities - Studies.**

Replacement work surfaces in laminate, granite, zodiac and encore. We provide a complete intstallation service which includes joinery, building, plumbing, electrics, floor and wall coverings. **Visit our showroom by**

Appointment. Unit 3, Low Mills, Mill Lane, Low Bentham.

Tel: 015242 63388/61236 or 07831 151839.

email: mark@kitcheninstallationsnw.co.uk

www.kitcheninstallationsnw.co.uk

J. Lawson - Electrical Contractor. Tel: 07786222566 or 015242 62916

The Pottery - Workshops, Drop in, Commissions, Parties. Greenlands Farm Village, Tewitfield, Carnforth LA6 1JH. Tel: 01524 784197
email: wyn@wynabbot.com

Family Funeral Directors: Cliff Small Funeral Service. 20 Brookhouse Road, Caton. Tel: (01524) 770886 (24 hours). Personal, caring attention. Private Chapel. Prepaid Funeral Plans. Headstones.

Telford Building Ltd. Stonework, Brick/Block Work, Indian Flagging, Paths, Patios, Repointing Work, Extensions. No job too small. Friendly service. Tel: m. 07971387678 or 015242 21908

B&W Funerals Ltd - Funeral Director, James G Macdonald. Tel: 015242 61370. Mobile: 07758002260. We are an independent company and are members of the N.A.F.D. 24 hour service, Private Chapel of Rest. 39 Main Street, Ingleton, Carnforth. Office Tel: 015242 41293

Toll House Computers -Repairs, Upgrades, Servicing. Networking & Security. Virus & Spyware Removal. All work undertaken. Reasonable prices. No Fix - No Fee. Call Martin on 015242 62605

Handyman - Full garden & home maintenance. No job too big or small. Gardening, Turfing, Fencing, Painting & decorating, Tiling, Flat packs, Doors & locks. Call Terry on 015242 62605. 07702229207

Busy Bodies Pre School - Based at Melling St Wilfrid's CE Primary School. Open Monday and Wednesday afternoon 12.30 until 3.00 p.m. Only £6 per session. For children aged 2yrs until they start school. Fully qualified staff. Ofsted registered following an Early Years Curriculum. Busy Bodies offers places regardless of the choice of primary school. For an informal chat please phone Sue Newsham 07870 160886

Woodwork Tuition - Come and make furniture with Iain Robertson (formerly of Spout House, Lupton). Tables, cupboards, shelves etc. Beginners welcome. ***Introductory Offer Half Price morning or afternoon session.*** Bookshelves made to order, repairs taken. Lower Thrushgill, Wray. Tel: 015242 61410

Advance Travel - Your local Airport Transfer Service - Up to 5 Passengers. Ford Galaxy People Carrier. Friendly Reliable Service. Call Richard: 07706053769

Lune Valley Practice - sports massage and manual therapy. Lune Valley Practice specialises in sports massage, treatment and rehabilitation of sports injuries and manual therapy for general musculoskeletal complaints. For more information visit the website at www.lunevalleypractice.co.uk, To book an appointment call Andrew Calvert on **07804 893540**

Copy Date for the Wrayly Mail

ONLY Diary Dates (as they are free) can be emailed to:

wraylymail@woodengates.net by the 14th of each month.

ALL other items are collected from the tin in Wray Post Office on the 15th of each month. Business advertisements £2 per month, announcements etc. £1. Please include a name and contact number accompany each item. Please indicate if you do not wish your entry to be published online. (Diary Dates can also be put in tin if preferred).

If you would like a page on the village website please email chris@wrayvillage.co.uk or if you would like a link to your own website on ours just ask. A link back to us is the only payment required. <http://www.wrayvillage.co.uk>

