DIARY DATES

**Thurs 4**  **Yoga** in Wray Institute this Thursday and every Thursday.  
8.00 p.m. to 9.30 p.m. Mats provided. All welcome.

**Fri 5**  Bentham Agricultural Society Annual Quiz. Bentham Town  
Hall 7.30 p.m. Teams of 4. £26 a team including Meat &  
Potato Pie Supper. Further details from Val Lawson 61606 or  
John Whitfied 21187.

**Tues 9**  7.30 p.m. Tatham Fells W.I. at the Old School, Lowgill.  
'Beauty and Style' with Caroline from Image Flair. Comp:  
A pretty Compact. Visitors most welcome.

**Tues 9**  Nearly New Sale at Tatham Fells School, Lowgill. 6.30 p.m  
to 8.30 p.m. Children's items, school uniform and much more.  
Contact Lisa Oliver-Hannis on 07590 838883 for further  
details.

**Wed 10**  7.30 p.m. Wennington & District W.I. in Wray Institute.  
Hot Pot/Pavlova. Cost £4. Sales Table. Guests, Tatham  
Fells. Subscriptions due.

**Fri 12**  7.30 p.m. Tatham Fells Village Society in the Old School,  
Lowgill.  *The Winders of Wyresdale - dancing masters in  
Bowlard?* A talk by Andy Hornby, illustrated by traditional  
music and dance. £2 including tea/coffee and biscuits.

**Sat 13**  Hornby Ramblers. The walk will be in the Arkholme area  
approx. 4/5 miles. Led by Denis Chamberlain (21436). Meet  
on Hornby Car Park at 9.30 a.m. Bring packed lunch and  
suitable footwear. No dogs allowed.

**Tues 16**  2.00 p.m. Wray Over Sixties in Wray Institute.  *Tea, Cake and  
Chat*. There will also be a talk by a local policeman and a
trading standards officer.

Tues 16 Bridge House Farm Tea Rooms, Wray. Come along and treat the children to some delicious home made pancakes with lots of sweet treats inside. Mums why not relax, have a chat and a cappuccino. Serving until 3.00 p.m.

Wed 17 10.00 a.m. to 11.30 a.m. Activity morning for children aged 5 and under in Wray Chapel Sunday Schoolrooms. Please could children be accompanied by an adult.

Fri 19 8.00 a.m. to 11.00 a.m. Waste Paper Collection at Lairgill Car Park, High Bentham in aid of N.S.P.C.C.

Fri 19 7.45 p.m. The Countryside Society in Hornby Institute. Kevin Briggs will give an illustrated talk on 'The Yellow Wagtail.... going, going, gone.”

Mon 22 Ewecross Historical Society in High Bentham Town Hall at 7.30 p.m. Mark Rand 'The Settle-Carlisle Railway'. Membership £5 per year. Visitors welcome at £2 each evening.

Fri 26 7.30 p.m. Old School Annual General Meeting in The Old School, Lowgill. All welcome. For further information please contact Carole Butcher 63095.

Fri 26 Wray with Botton Sports Committee Domino Drive. 7.30 p.m. in Wray Institute. Refreshments provided.

Advance Dates:
Thursday 11th March 2010. Northwest Air Ambulance Charity Night at the Bridge Inn Lower Tatham at 7.00 p.m. Raffles, Tombola, Promise Auction and many items to bid for including his and her mountain bikes, digital television and much more! If you can help with prizes or promises please contact, Dot, Peter or Bernadette on 015242 21326. Thank you for supporting this essential service.
Wray Chapel  
Fellowship Meetings.  7.30 p.m. Supper to follow  
February 4th - Bible Study, David Whitfield.  
February 18th - Soldier and Airman's Scripture Readers Association.  
          Steve Carter  
Ladies Meeting - February 11th. 2.00 p.m. Tea to follow. Margaret Joel.  

Bentham Film Group will be showing 'Looking for Eric' (Cert. 15) on Saturday 13th February.  
Directed by Ken Loach and starring Eric Cantona, this is a heartfelt drama in which postman Eric finds his life in turmoil after a near-fatal car crash. Seeking solace in drugs, the football-mad postman is visited by ex-Manchester United player Eric Cantona, with the charismatic Frenchman offering him advice on how to overcome his problems.....  
The show will start at 7.30 p.m. in the Victoria Institute, Low Bentham. There will be an interval for refreshments and a raffle will be drawn. Tickets cost £5 on the door. Remember those cushions!  

LENT LUNCHES  
These will take place on Thursdays during Lent from 12 noon to 1.30 p.m. All are welcome.  
February 18th - The Hawthorns, Lowgill. Miss Liesel Fox. T. 62486  
February 25th - The Old Rectory, Tatham. Mr & Mrs. John Holt. T. 21443  
March 4th  - Greenfoot, Wennington. Mr. & Mrs. Desmond O'Brien  
          T. 21573  
March 11th  - The Ridges, Higher Tatham. Mrs. Doreen Hope. T. 62055  
March 18th  - Tatham House, Wray. Mr. & Mrs. Mark Rowland. T. 22484  
March 25th  - Brackenbottom, Lowgill. Mr. & Mrs. Eric Baker. T. 64865  

Operation Chesney  
In February, Lancashire Fire Service are to visit Wray as part of an initiative to promote Community Fire Safety in Rural areas. In particular the Fire Service will be asking for assistance in identifying those who may be considered vulnerable by raising the awareness of 3.
Fire Safety amongst all Parishioners during their visit. This will include a presentation to the School and a leaflet campaign.

FREE Home Safety Checks are available without obligation and criteria and can be arranged by either:
Call Freephone 08001691125 or by visiting www.lancsfirerescue.org.uk website.
An information leaflet will be displayed on the Parish Council Noticeboard in Wray and Website in due course.

Tatham History Society: visit to Lancashire Record Office, Preston on Saturday 13th March, 10.30 a.m. to 12.30 p.m. to see Tatham historical records.
The county record office in Preston holds a lot of records about Tatham including parish registers of births, marriages and deaths; Robert Hall Catholic registers, church and parish records relating to schooling, health and relief of the poor; school records for St. James; 19th century maps showing the owners and occupiers of properties and fields; some documents on individual farms, Lunesdale Rural District Council Records and hundreds of individuals' wills and inventories (lists of house contents). They have kindly agreed to display some of these in one of their rooms for the society to view. There will also be an opportunity to look at other documents in the record office on the day.
Numbers are limited so please let Mike Winstanley know by Saturday 20th February at the latest if you would like to book (015242 21277) so he can make arrangements for the visit, including car sharing.
www.tathamhistory.org.uk

Bentham Medical Practice - Alteration to Wray Surgery
Commencing Friday February 5th, a Surgery will be held every Friday at 12 noon. (Not Tuesdays) at Wray Institute.
Wray Scarecrow Festival 2010

As usual, this event relies on you doing the work. Without the scarecrows, Wray Fair would not attract the numbers it does, so please help with your contribution. You can, of course, make anything you want, but here are some starting points if you are looking for an idea.

1. T.V. Detectives, crime, or cleudo (the game)
2. Reality T.V. (take your pick)
3. Topical (the election, world cup etc.)
4. Traditional
5. A moving scarecrow

The Blue Peter team are supposed to be coming to the village to do a programme on making scarecrows, so please put on a good show, it may be on national television. There are the usual prizes.

Good Luck.

George & Dragon Angling Club

A few vacancies available at this local run angling club, which meet on the second Monday of each month at the George & Dragon, Wray. With fishing on the River Lune, River Greta, River Wenning, River Roeburn and Docker Park Farm, Arkholme.

Please contact Chris Wright on: 015242 21345 or email nojobtoosmall42@aol.com, for further enquiries.

1st Responders needs lots more new recruits to keep the service running.

Are you an able bodied person with access to a vehicle, who is willing and able to give some time to your community? Training in resusitation techniques will be provided.

What does it entail:
1. You and your partner (wife, husband, close friend, etc.) agree to be on call for one day or one night however often is convenient.
2. During that time you stay within the call area together with the kit and carrying a bleeper. You are NOT confined to your home and if covering a night you can go to bed.

3. You answer the call as quickly as possible and help the patient until the ambulance arrives. They then take over. (Time taken approx. half an hour).

4. 1st Responders are not called out to gory accidents, only to possible heart attacks, strokes, choking, fainting etc., where immediate help can make a tremendous difference to a patients recovery.

We live in a healthy area so the number of callouts is very light, most likely only two or three a year if you are doing one shift a week.

INTERESTED? Then please call Ros Nicholson on Hornby 21886 or Ray Fox on Hornby 21528. Please do it NOW.
Our area includes:- Melling, Wennington, Wray, Farleton and Hornby.

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**Victoria Institute, Caton**

**IT Courses** - Only a few places left on our Beginner and Improver programmes starting 7th and 8th January. We have learners starting out, brushing up, and improving on their IT skills. If that covers any of your New Year resolutions, please get in touch. Both courses are 10 weeks (2 hours each), start at 10.00 a.m. and the price is £65. For more information, or to book your place, please contact Judy on 01524 771733 between 9.30 a.m. and 3.30 p.m. weekdays.

**Drop-In Services** - Many people call in for a range of services from checking emails, photocopying or reading the local papers over a cup of coffee. So call in for a visit. Monday to Friday, 9.30 a.m. to 3.30 p.m.

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**Independent CARER (qualified Occupational Therapist) has time available for another client in Wray/Hornby area.**

Telephone Lucy (07970 659 437) to talk about what help you need.
Cottage to Let
1 bedroomed cottage to let in Tatham. Panoramic views. Warm and well appointed. Parking. Furnished or unfurnished. 6 month tenancy.
Tel: 61779

Parish Lengthsman
Applications are invited for the post of Parish Lengthsman for Wray, Tatham & Melling.
Contract 24 hours per week from April 2010
Contact Scheme Administrator Stephen Loy on 015242 21084 for an information pack.

St Johns Advent Raffle
A big thank you to everyone who kindly bought a ticket for the Advent Raffle. There were some excellent prizes to be won on each of the 24 days with a lovely calendar made by Stacey Slater to help with the countdown. A special thankyou also to the following people who generously gave a donation in lieu of sending cards to their friends round and about: Cath Halstead, Jean Argles, Dawn Irvine, Gilbert & Anne Mason, Ray & Julia Fox, John & Anne Marshall, Roger & Doreen Denby, Tony Quinn, Corinne Murray, Jess & Sally. A total of £350 has been raised for the Hospice. Happy New Year and Thank you very much.
Neil, Sue & family at the George & Dragon

Thank you from all the paper deliverers for the Christmas tips. Wishing you all a Happy New Year.

Wray Post Office. The Postmen and I would like to thank everyone who has come to collect their post and their neighbours post during the last few weeks of adverse weather. All your help has eased the postmens problems of travelling on the many unsalted, dangerous roads. Thank you.
Wray Institute Christmas Tree
We were a bit late this year in making our trip to Lowgill to collect our tree which was kindly donated again by George and Margaret McIntosh. This was nearly our down-fall as it coincided with the first snow - we had to rely on Paul and his Landrover to get us up the hills. It looked very beautiful for the first week but you may have noticed it was a bit short of lights later on - it blew over, smashing many of the bulbs so we've now got a big order in for replacements and a course in knot tying and peg bashing booked! Many thanks to John and Pat for the use of the land and to all those who helped stand up and take down the tree - please don't be shy in coming forward again next year.
Colin, Phil and Robert
Wray Village Institute

The collection taken at the Carol Service at Tatham Church on Christmas Eve raised £420 for the Lancaster Homeless Action Service and has been gratefully received by them.

Three x12 Day Coach Holidays for 2010
Oberammergau Passion Play - Places are still available on two trips to Austria and Bavaria which include a performance of the Passion Play at Obberamargau in Germany. Leaving from this area on 5th June & 5th July, we travel on by N.S. Ferry overnight from Hull to mainland Europe. There is no overnight coach travel. The holidays are half board throughout, and we have secured Grade A1 passion play theatre tickets. (£1195.00 based on two sharing).

Spain Catalonia & Barcelona
A new destination for us this year is Spain. We depart on August 24th and travel south to catch the ferry from Dover to Calais. Our main Hotel is at Rosas, and has its own private beach area. The holiday is half board except for the first night, and a full touring programme including a trip to Barcelona is included in the holiday price of £695.00 (based on two sharing).
For more details please contact Susan Adams on 015242 61182
If anyone would like to visit the Wray village website it can be found at www.wrayvillage.co.uk

Old School, Lowgill  The Old School is a moderately sized village hall behind the Church of the Good Shepherd, Lowgill and is in a beautiful setting surrounded by fields. It is an ideal location for meetings or parties of a moderate size seating around 40 people. The new kitchen is well equipped and there is a good parking area outside. Rates on request. Equipment e.g. tables, chairs, crockery, cutlery also available for hire at very reasonable rates. Bookings/enquiries - Gillian Middleton Tel: 62367.

CHURCH NEWS
Lent begins on Ash Wednesday, February 17th, when there will be services of Holy Communion at 10.30am at the Church of the Good Shepherd, Tatham Fells and at 7.00pm at St Wilfrid, Melling.

On the following Sunday, February 21st, the Bishop of Blackburn will be visiting us and will lead the morning services at Tatham Fells and at Wray. He and his wife will then join our congregations for a Ploughman’s Lunch at the Old School, Lowgill.
During Lent we will have our usual Thursday lunches at various homes within our three parishes. Do join us at one or more of these, and get to know one another better as well as raising money for charity.

Services in February
7th February, Second before Lent
8.00 am Tatham Holy Communion
11.00 am Wray Holy Communion
2.15 pm Tatham Fells Evensong
9.30 am Melling Family Service 11.00 am Tunstall Holy Communion

14th February, Next before Lent
8.00 am Wray Holy Communion
11.00 am Tatham Morning Service
11.00 am Tatham Fells Family Service
9.30 am Melling Holy Communion 11.00 am Leck Holy Communion
17th February, Ash Wednesday
10.30 am Tatham Fells Holy Communion
7.00 pm Melling Holy Communion

21st February, First Sunday in Lent
Visit of Rt Revd Nicholas Reade, Bishop of Blackburn
9.30 am Tatham Fells Holy Communion
11.00 am Wray Family Communion
9.30 am Melling Holy Communion 11.00 am Tunstall Holy Communion

28th February, Second Sunday in Lent
8.00 am Wray Holy Communion
9.30 am Tatham Fells Morning Service
11.00 am Tatham Holy Communion
9.30 am Melling Holy Communion 11.00 am Leck Family Service

7th March, Third Sunday in Lent
8.00 am Tatham Holy Communion
11.00 am Wray Holy Communion
2.15 pm Tatham Fells Evensong
9.30 am Melling Family Service 11.00 am Tunstall Holy Communion

Church Contact List:
Wray Churchwarden: Mark Rowland (22484)
Tatham Churchwarden: Phyllis Holt (21443)
Tatham Fells Churchwarden: Carole Butcher (63095)

Readers: Ann Dawson (62936), Peter Osborne (61029), Mary Winter (21784)
Clergy: Canon Norman Dawson (62936). Canon Robert Hannaford (74376)
Richard Hope - Wooden Gates. Specialist in Design, Manufacture and installation of Wooden Entrance, Garden and Field gates. Robert Hall Farm, Lower Tatham. Tel: (015242) 61455. www.woodengates.net

TEPTATIONS- 31 Main St., High Bentham.
TEL: 61868

Sole to Soul has a new home!
You will find us on Grasmere Drive, in the New building opposite the entrance to the car park.
As well as Chiropody/Podiatry, Reflexology, Massage and Healing, we now also offer Food Intolerance testing, Detox Footbaths, Medical Herbalism, Naturopathy, Counselling, EFT - and with more to come. There are also a variety of courses and workshops available as well as therapy space to let and a room for classes and courses and workshops. Please contact us for information.
Our phone number is still 015242 63067 and the web address is www.sole-to-soul.net.

Mobile: 07801441754 / Workshop 015242 21759

Mark Routledge PLUMBER from bathroom alterations to leaking taps, no job too small. Ring Mark on 07900 558835 or Katherine Edge 01524 34942
Jonathan Buss - Painter & Decorator. 015242 51809 or 07956 582565

M. E. HARRISON - SANDBLASTING SERVICES
Mob. 07795 456927

Massage for Health and Relaxation - The Smithy, Lodge Lane, Wennington: Stressed? Sore muscles? Suffer from headaches? Is everyday life becoming more of a challenge? Or perhaps you prefer to be pampered? Massage; Reflexology, Thermal Stone Therapy and Indian Head Massage treatments. Mobile/workplace visits possible. For further details and appointments please contact Sarah Rycroft. Tel: 015242 21166

WRAY POST OFFICE-The local shop for magazines, cards, stationery, wines and spirits, cigarettes, fresh produce, local Bowland sausage and bacon. Small selection of mince, stewing beef, lamb & pork. Fresh bread, sandwiches, pies and cakes. Fax machine @ 25p a copy. Opening Times: Monday to Friday - 7.00 a.m. to 6.30 p.m.
Saturday - 7.00 a.m. to 4.00 p.m.
Sunday - 9.00 a.m. to 12 noon TEL: 21253

Trading Post - Animal Feed Store. We supply a wide range of feed, bedding & accessories for all animals including, farm, horses, dogs, poultry, birds & pets. Also fishing bait & tackle. Free delivery to Wray and local area. TEL: 01524 781268

Greenhall Riding Centre, Tatham.
Telephone Rachael on: 015242 61594 or 07817918234
www.greenhallridingcentre.com

12.
Steven Foster (CITB reg) Landscape & Groundworks.
Retaining walls, flagging, turfing, Gravel gardens, site clearance, ponds,
Drainage and groundworks, Digger, tractor and trailer work.
Free phone: 0800 955 8780      www.FostersLandscapes.com

Bridge House Farm Tea Rooms, Wray. Tel: 015242 22496
Open Tuesday to Sunday 10.00 a.m. to 4.00 p.m.
“Wednesday Special” 2 course meal for £6.50. Sunday Roast Dinner
Served every week. WiFi access available.
Having a party? Let us help with your catering. Come and pick up a
menu for our takeaway buffet food. All made to our usual high standards.
Tel: 015242 22496

G. Walker - Local Handyman. Home Maintenance & Repairs,
Painting, Decorating, Floor & Wall Tiling, Gardening. Friendly, Reliable
& Quality
Service. No job too small. For free estimate with no obligation call
Graham on 015242 22511 or Mob: 07704454264

Flat Roofing, Fibre Glass Roofing, Slate/stone Roofing, Velux Skylights
supplied and fitted, Insurance work, Storm damage, Like for like quotes
and a friendly service. TEL: 015242 22146, Mob. 07971387678 – Rod.

Kitchen Installations North West Ltd - suppliers of German Kitchens
by “Schuller”. A local family firm with over 15 years experience and our
reputation built upon recommendations. Kitchens - Utilities - Studies.
Replacement work surfaces in laminate, granite, zodiac and encore. We
provide a complete installation service which includes joinery, building,
plumbing, electrics, floor and wall coverings. Visit our showroom by
Appointment. Unit 3, Low Mills, Mill Lane, Low Bentham.
Tel: 015242 63388/61236 or 07831 151839.
email: mark@kitcheninstallationsnw.co.uk
www.kitcheninstallationsnw.co.uk

Yoga - Every Thursday 8.00 p.m. to 9.30 p.m. in Wray Institute. Mats
provided. All welcome. £5. Enquiries - Kathy Cartledge Tel: 61567
13.
The Pottery - Workshops, Drop in, Commissions, Parties. Greenlands Farm Village, Tewitfield, Carnforth LA6 1JH. Tel: 01524 784197 email: wyn@wynabbot.com

Woodwork Tuition. Come and make furniture with Iain Robertson (formerly of Spout House, Lupton). Tables, cupboards, long case clocks, etc. Beginners welcome. Tel: 015242 61410, m: 07773606364. Lower Thrushgill, Wray. visit: www.woodworking-tuition.co.uk Bookshelves made to order.

The Bowen Technique is now available from Kate Lewis at Sole to Soul, Bentham. A gentle holistic treatment, Bowen can be used to treat most conditions including back and joint pain, sciatica, sports and accident injuries, fibromyalgia, M.E. and reduces stress. For more information pick up a leaflet from Wray Post Office or Tel: 61070.

Special Offer - Book three treatments and save 50% on the third treatment.

Copy Date for the Wrayly Mail
ONLY Diary Dates (as they are free) can be emailed to: wraylymail@woodengates.net by the 14th of each month. ALL other items are collected from the tin in Wray Post Office on the 15th of each month. Business advertisements £2 per month, announcements etc. £1. Please could a name and contact number accompany each item. Please indicate if you do not wish your entry to be published online. (Diary Dates can also be put in tin if preferred).

If you would like a page on the village website please email chris@wrayvillage.co.uk or if you would like a link to your own website on ours just ask. A link back to us is the only payment required. http://www.wrayvillage.co.uk