

WRAYLY MAIL
Happy New Year

JANUARY 2011

DIARY DATES

- Mon 10 7.30 p.m. Wennington Parish Council meeting in Wennington Hall School.
- Tues 11 7.30 p.m. Tatham Fells W.I. in the Old School, Lowgill. 'Vet adversaria' a talk by retired vet Anthony Smith. Comp: an animal ornament. All welcome.
- Thurs 13 **Yoga** 7.45 p.m. to 9.15 p.m. in Wray Institute. £5 per session Mats provided. All welcome. Tel: Kathy Cartledge 61567.
- Thurs 13 7.30 p.m. to 9.30 p.m. Ceilidh Dancing. Called dances,
and recorded music. No previous experience necessary. Come
Thurs 27 on your own or with a partner. Tatham Fells Old School. £1
- Sat 15 7.30 p.m. Tatham Fells Village Society in the Old School, Lowgill. **'With Great Pleasure' - an evening of poetry and prose.** £5 including savouries and a glass of wine. All welcome.
- Tues 18 2.00 p.m. Wray Over Sixties AGM in Wray Institute. There will be a raffle and a bring and buy sale. Subscriptions for 2011 are due at this meeting.
- Tues 18 7.30 p.m. Tatham Parish Council meeting in the Old School. Lowgill.
- Fri 21 8.00 a.m. to 11.00 a.m. Waste Paper collection at Lairgill Car Park, High Bentham in aid of N.S.P.C.C.

- Sat 22 **New Year Gala Evening with carvery buffet and play casino** The Masonic Lodge, High Bentham. Hosted by the Friends of Tatham Fells School. For tickets please call Gillian Middleton on 07974 199310.
- Sat 22 8.00 p.m. An evening of great music with The Hot Rhythm Orchestra and Jim Bowen. Tickets £12. Tel: 015242 22222.

Advance Dates

Friday February 4th 2011. Bentham Agricultural Show Society Annual Quiz, Bentham Town Hall. 7.30 p.m. Further details available from Val Lawson 61606 or John Whitfield 21187.

Anyone interested in learning to knit or crochet (or you can already knit and would just like to come along) we are starting a class on Tuesday evenings from 6.30 p.m. to 8.30 p.m. commencing on 11th January.

Also there is a patchwork one day workshop to make a 16" block on Saturday 22nd January.

If you are interested in either of these please contact Temptation either call in or telephone 61868.

Weight Loss Challenge Classes: Thursday's 6.00 p.m. to 7.00 p.m. in Melling Institute. Contact Sarah Rycroft, Tel: 015242 21166 to pre-book and for further information. January 6th, 13th, 20th and 27th. **Book your place now** for next 12 week challenge starting Thursday 3rd February.

The contact number for Wray Institute is 015242 22311. Frank Gretton is the caretaker.

The paper deliverers - thank you to everyone for your generosity, it is greatly appreciated. Wishing you all a Happy New Year.

Doreen Hope

Doreen's family would like to thank everyone for their kind messages of sympathy. They have been a great comfort to us all. Special thanks to Canon Norman Dawson and Jimmy Macdonald.

Thank you to all who gave so generously to the Marie Curie Cancer Care collection in and around Lowgill. We raised £88.94.

Mary Whitfield

Many thanks to Sheila and Tony for allowing the Wrayly Mail 'Tin' to be kept at Wray Post Office and thanks to all those who help with the distribution of the Wrayly Mail.

Wray with Botton Sports. Thank you to everyone who supported the Christmas Raffle and Domino Drive in December. A total of approx.£420 was made to go towards Sports Day on 4th June.

The next Domino Drive is to be held on Friday 4th March at 7.30 p.m.
Sports Meeting - Wednesday 9th February at 8.00 p.m. for members.

Two Coach Holidays for 2011

Highlights of Southern Ireland - 8 days in the Emerald Isle -

14th - 21st May 2011, 3 excursions inc. £584 - based on two sharing.
(Half board throughout).

Lake Balaton - Hungary, 12 days. All inclusive at our main hotel. 2nd to 13th July 2011, 4 excursions inc. £789 - based on two sharing.

Both holidays leave from Lancaster/Bentham areas: All excursions are included in the price. Single rooms available: No overnight travel or feeder coaches. We use Executive coaches with on-board toilet facilities. For more information about either holiday please contact Susan Adams 015242 61182.

New Year's Resolutions - Do you want to stop smoking? Support and advice can make all the difference.

Your local NHS Stop Smoking Service is holding a weekly clinic from 3pm to 5pm at Caton Health Centre on Thursday afternoons. Evening appointments are also available. For advice and support, including nicotine replacement and other products on prescription, please contact the Stop Smoking Service on 07717667472 or 01524 845145 for further information.

Church Services

From this month we have a new pattern of services.

The morning services which do not include Holy Communion and which are now called 'Morning Worship' will usually, but not always, be our former 'Family' services.

The times of the services at Tatham and Tatham Fells are unaltered but there will be changes at the other four churches in our benefice, including more services on Sunday evenings.

Wray Church will now have a service at 10.00am each week and also an 8.00am Holy Communion service on the second Sunday of each month.

On **January 9th** we have special services for **Plough Sunday** at Wray, Tatham and Tatham Fells. There will be refreshments after each of these services, with 'Bacon Butties' at Tatham and a 'Ploughman's Lunch' at Tatham Fells. Do join us, you will be most welcome.

January 2nd, Feast of the Epiphany

8.00am	Tatham	Holy Communion
10.00am	Wray	Holy Communion
2.15pm	Tatham Fells	Evening Service

10.00 Melling Morning Worship 10.00 Tunstall Sung Eucharist

January 9th , Plough Sunday

8.00am	Wray	Holy Communion
10.00am	Wray	Plough Service
11.00am	Tatham	Plough Service with Holy Communion
11.00am	Tatham Fells	Plough Service

10.00am Melling Sung Eucharist for Tunstall, Melling and Leck

January 16th, Second Sunday of Epiphany

9.30am	Tatham Fells	Holy Communion
10.00am	Wray	Morning Worship

10.00am Melling Sung Eucharist 10.00am Leck Christingle Service

6.00pm Tunstall Holy Communion

January 23rd , Third Sunday of Epiphany

9.30am	Tatham Fells	Morning Service
10.00am	Wray	Holy Communion
11.00am	Tatham	Morning Worship

10.00am Leck Sung Eucharist 6.00pm Melling Holy Communion

January 30th , Candlemas

10.00am	Wray	Christingle Service for Wray, Tatham and Tatham Fells
10.00am	Tunstall	Sung Eucharist for Tunstall, Melling and Leck

February 6th, Sixth Sunday before Lent

8.00am	Tatham	Holy Communion
10.00am	Wray	Holy Communion
2.15pm	Tatham Fells	Evening Service

10.00 Melling Christingle Service 10.00 Tunstall Sung Eucharist

Church Contacts:

Revd Mark Cannon, Wray Vicarage (21030)

Readers: Ann Dawson (62936), Peter Osborne (61029),

Mary Winter (21784)

Taylor Environmental Groundworks Ltd. Moorland specialist. Low ground Pressure 360 tracked excavator. Fencing. Site preparation. Drainage. Pond and bog creation. **Tel: Robert Taylor 015242 62998 or mob. 07736699513**

Jonathan Buss - Painter & Decorator - All types of work undertaken. Serving the area for the last 6 years. Free quotes. Tel:015242 51809
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Richard Hope - Wooden Gates. Specialist in Design, Manufacture and installation of Wooden Entrance, Garden and Field gates. Robert Hall Farm , Lower Tatham. Tel: (015242) 61455. www.woodengates.net

Sole to Soul -Grasmere Drive, High Bentham

As well as Chiropody/Podiatry, Reflexology, Massage and Healing, we now also offer Food Intolerance testing, Detox Footbaths, Medical Herbalism, Naturopathy, Counselling, EFT - and with more to come. There are also a variety of courses and workshops available as well as therapy space to let and a room for classes and courses and workshops. Please contact us for information.

Our phone number is still 015242 63067 and the web address is www.sole-to-soul.net.

**T. & P. Sedgwick. Windows, Doors, Conservatories.
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P. McLachlan - Plastering, Pebble Dashing, Damp proofing (Sovereign approved contractor), Roof work. All general building maintenance. No job too small. For friendly service Tel: Paul (01524) 730563 or Mobile 07581534317

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Massage for Health and Relaxation - The Smithy, Lodge Lane, Wennington: Stressed? Sore muscles? Suffer from headaches? Is everyday life becoming more of a challenge? Or perhaps you prefer to be pampered? Massage; Reflexology, Thermal Stone Therapy and Indian Head Massage treatments. Mobile/workplace visits possible. For further details and appointments please contact Sarah Rycroft. Tel: 015242 21166

WRAY POST OFFICE-The local shop for magazines,cards,stationery, wines and spirits, cigarettes, fresh produce, local Bowland sausage and bacon. Small selection of mince, stewing beef, lamb & pork.

Fresh bread, sandwiches, pies and cakes. Fax machine @ 25p a copy.

Opening Times: Monday to Friday - 7.00 a.m. to 6.30 p.m.

Saturday - 7.00 a.m. to 4.00 p.m.

Sunday - 9.00 a.m. to 12 noon TEL: 21253

TEMPTATIONS - 31 Main Street, Bentham. Tel: 015242 61868

Selection of patchwork & other fabrics, haberdashery, beads, ribbon etc. Knitting yarns & patterns. Cross stitch & needlecraft kits & much more

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Graham on 015242 22511 or Mob: 07704454264

**J. Lawson - Electrical Contractor. Tel: 07786222566 or
015242 62916**

The Pottery - Workshops, Drop in, Commissions, Parties. Greenlands Farm Village, Tewitfield, Carnforth LA6 1JH. Tel: 01524 784197
email: wyn@wynabbot.com

Family Funeral Directors: Cliff Small Funeral Service. 20 Brookhouse Road, Caton. Tel: (01524) 770886 (24 hours). Personal, caring attention. Private Chapel. Prepaid Funeral Plans. Headstones.

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B & W Funerals Ltd - Funeral Director, James G Macdonald. Tel: 015242 61370. Mobile: 07758002260. We are an independent company and are members of the N.A.F.D. 24 hour service, Private Chapel of Rest. 39 Main Street, Ingleton, Carnforth. Office Tel: 015242 41293

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Handyman - Full garden & home maintenance. No job too big or small. Gardening, Turfing, Fencing, Painting & decorating, Tiling, Flat packs, Doors & locks. Call Terry on 015242 62605. 07702229207

Busy Bodies Pre School - Based at Melling St Wilfrid's CE Primary School. Open Monday and Wednesday afternoon 12.30 until 3.00 p.m. Only £6 per session. For children aged 2yrs until they start school. Fully qualified staff. Ofsted registered following an Early Years Curriculum. Busy Bodies offers places regardless of the choice of primary school. For an informal chat please phone Sue Newsham 07870 160886

Valley Lawns- Gardening, Landscaping, Groundwork. Tree pruning, hedgecutting, leaf blowing, gutter clearance. Contact Dave: 07970352126, 01200447683.**Hardwood Logs for sale £50 & £100 loads**

Woodwork Tuition - Come and make furniture with Iain Robertson (formerly of Spout House, Lupton). Morning or afternoon session. Bookshelves made to order. Furniture repairs undertaken. Lower Thrushgill, Wray. Tel: 015242 61410, email spout@onetel.com
www.woodworking-tuition.co.uk

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Lune Valley Practice - sports massage and manual therapy.

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For more information visit the website at www.lunevalleypractice.co.uk,
To book an appointment call Andrew Calvert on **07804 893540**

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The Barber Shop, Sation Road, Bentham - *We are moving* - You will find us across the road from early October (Oglethorpe's old premises)
Ring 07761725744 or 07851464433 or call and see us in our new shop!

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Contact: Sarah Rycroft: 07736 807157 or 015242 21166

Copy Date for the Wrayly Mail

ONLY Diary Dates (as they are free) can be emailed to:

wraylymail@woodengates.net by the 14th of each month.

ALL other items are collected from the tin in Wray Post Office on the 15th of each month. Business advertisements £2 per month, announcements etc. £1. Please could a name and contact number accompany each item. Please indicate if you do not wish your entry to be published online. (Diary Dates can also be put in tin if preferred).

If you would like a page on the village website please email chris@wrayvillage.co.uk or if you would like a link to your own website on ours just ask. A link back to us is the only payment required.
<http://www.wrayvillage.co.uk>