

**DIARY DATES**

- Mon 7 Come for coffee (and the 1st Monday of each month) in the Sunday School, Wray. Have a chat or play a game of dominoes. From 10.00 a.m. to 12 noon. Just come for a while or stay the whole time. Open to both men and women, a warm welcome awaits you, we'd love to see you.
- Mon 7 Yoga in Wray Institute and on following Mondays. 7.30 p.m. to 9.00 p.m. Beginners and regulars are all welcome. Mats are provided. Wear loose or stretchy clothes and bring something warm to put on for relaxation. £5 per session. Tel: Kathy Cartledge 015242 61567.
- Tues 8 7.30 p.m. Tatham Fells W.I. in the Old School, Lowgill. Speaker Chris Bibby: "Bibby's past and present" Comp: a toy vehicle. Visitors welcome.
- Wed 9 7.30 p.m. Wennington & District W.I. in Wray Institute. Hot Pot Supper.
- Thurs 10 Dancing in the Fells. Informal ceilidh dancing, the Old  
and 24 School, Lowgill, 7.30 p.m. - 9.30 p.m. Come on your own or with a partner, all dances are called so no experience needed. Everyone, including beginners welcome, £1. Anne Wilson 63399 (ring to check if roads are icy).
- Sat 12 Hornby & District Ramblers. Denny Beck and Halton. Meet 9.30 a.m. Hornby Car Park. Leader Dennis Chamberlain 21436.
- Mon 14 7.30 p.m. Wray with Botton Parish Council Meeting in Wray Institute.

- Tues 15 2.00 p.m. Wray Over Sixties AGM in Wray Institute. Bring & Buy and Raffle.
- Tues 15 7.30 p.m. Tatham Parish Council meeting in Old School, Tatham Fells.
- Fri 18 8.00 a.m. to 11.00 a.m. Waste Paper Collection at Lairgill Car Park, High Bentham in aid of N.S.P.C.C.
- Fri 18 Countryside Society AGM and Members' Evening of slides and exhibits. 7.45 p.m. in Hornby Institute. Reviews of Member's observations of local wildlife will be welcome.
- Sat 19 7.30 p.m. Tatham Fells Village Society in the Old School, Lowgill. 'With great pleasure.' Poetry and prose evening. £6 including savouries and a glass of wine. Raffle.
- Mon 21 7.30 p.m. Wennington Parish Council Meeting in Wennington Hall School.

Advance Dates:

Friday February 1st 2013. Bentham Agricultural Society Annual Quiz. Bentham Town Hall, 7.30 p.m. £32 a team including supper. Further details from Val Lawson 61606 or John Whitfield 07540 181524.

Monday 4th February 2013. Come for coffee 10.00 a.m. to 12 noon in the Sunday School, Wray.

Many thanks to Jane and Tony for allowing 'The Wrayly Mail Tin' to be kept in Wray Post Office for items for inclusion in the Wrayly Mail, it is greatly appreciated.

Many thanks to all who help with the distribution of the Wrayly Mail.

Thank you to everyone for their generous Christmas gifts, cards and tips. We hope you all had an enjoyable festive season and we wish you all the best for 2013.

Eleanor, Annie & Dan

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### **Bentham and District Cancer Support Group**

The cancer support group is held on alternate Thursday's from 11.00 a.m. to 1.30 p.m. The next meeting date is 10th January 2013 at the Looking Well, King Street, High Bentham. Anyone who has been affected by cancer or any other long term illness, has cared for someone, is a relative or would just like to be involved are welcome. Various activities are arranged and guest speakers are invited, all agreed on by the group.

Our numbers have dwindled recently so please come along and see what we do. For further information please contact me on 015242 61370.  
Shirley Macdonald

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**The Old School, Tatham Fells** for bookings and enquiries please contact Gillian Middleton 62367. **Regular users** please make sure you book your dates ahead with Gillian to avoid any clashes.

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The Wray Institute telephone number is 22311. Frank Gretton is the Caretaker.

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### **Church Services in January and early February**

#### **January 6th, Feast of the Epiphany**

9.00am	Holy Communion	Tatham
10.00am	Morning Service	Wray
11.00am	Family Service	Tatham Fells

*9.30am Family Service- Melling, 11.00am Sung Eucharist - Tunstall*

### **January 13<sup>th</sup>, Second Sunday of Epiphany**

10.00am	Holy Communion	Wray
11.00am	Plough Sunday Service	Tatham
2.15pm	Evening Service	Tatham Fells

*9.30am Sung Eucharist – Melling, 11.00am Sung Eucharist – Leck,*

### **January 20<sup>th</sup>, Third Sunday of Epiphany**

8.00am	Holy Communion	Wray
9.30am	Holy Communion	Tatham Fells
10.00am	Family Service	Wray

*9.30am Morning Service- Melling, 11.00am Sung Eucharist – Tunstall*

### **January 27<sup>th</sup>, Fourth Sunday of Epiphany**

9.30am	Morning Prayer	Tatham Fells
10.00am	Holy Communion	Wray
11.00am	Holy Communion	Tatham

*9.30am Sung Eucharist - Melling, 11.00am Christingle Service - Leck*

### **February 3<sup>rd</sup>, Feast of the Presentation - Candlemas**

9.00am	Holy Communion	Tatham
10.00am	Christingle Service	Wray
11.00am	Christingle Service	Tatham Fells

*9.30am Christingle Service – Melling, 11.00am Sung Eucharist - Tunstall*

Church Contacts:

*Revd Mark Cannon, Wray Vicarage ( 21030)*

*Readers: Ann Dawson (62936), Peter Osborne (61029),*

*Mary Winter (21784)*

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**Piano, upright. Boyd-London. Free to anyone willing to collect.  
Tel: 015242 62687**

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FOR SALE:

Neff Cooker Hood, stainless steel splashback, Neff Ceramic Hob and oven, Black. Absolutely in mint condition. £250 for all.  
Can be seen insitu and working. Please call 015242 22304.

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**For Rent:** 2 Bedroom Cottage, Wray. No smokers, no pets.  
Phone: 015242 22584

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**Paul Byrne plumbing and heating**, all aspects of plumbing and heating, Boiler service and breakdown, full bathroom installation, gas safe registered. No job too small. 07748985478 or 015242 41416

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Ian Sedgwick - Parish Lengthsman. Do you require any jobs doing at home or in your garden? Grass cutting, Tree Pruning, Landscaping or Fencing? House Clearance or Building Works? Also Moleing & Pest Control. Call for competitive quote 07738492041 or 015242 21627

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**Taylor Environmental Groundworks Ltd.** Moorland specialist. Low ground Pressure 360 tracked excavator. Fencing. Site preparation. Drainage. Pond and bog creation. **Tel: Robert Taylor 015242 62998 or mob. 07736699513**

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**Jonathan Buss - Painter & Decorator** - All types of work undertaken. Serving the area for the last 6 years. Free quotes. Tel:015242 51809  
Mob: 07956582565

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**Richard Hope - Wooden Gates.** Specialist in Design, Manufacture and installation of Wooden Entrance, Garden and Field gates. Robert Hall Farm , Lower Tatham. Tel: (015242) 61455. [www.woodengates.net](http://www.woodengates.net)

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***Sole to Soul, Holistic Podiatry/Chiropody and Therapy Centre.*** Grasmere Drive, Bentham LA2 7JP Tel: 015242 63067  
Web address - [www.sole-to-soul.net](http://www.sole-to-soul.net) & email -[enquiries@sole-to-soul.net](mailto:enquiries@sole-to-soul.net)  
We offer a wide range of Therapies & Treatments, Seminars, Courses, and Workshops to promote Health and Wellbeing.

P. McLachlan - Plastering, Pebble Dashing, Damp proofing (Sovereign approved contractor), Roof work. All general building maintenance. No job too small. For friendly service Tel: Paul (01524) 730563 or Mobile 07581534317

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Mark Routledge **PLUMBER** from bathroom alterations to leaking taps, no job too small. Ring Mark on 07900 558 835 or 01524 34942

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### **M H RESTORATIONS - SANDBLASTING SERVICES**

Specialists in Stone & Brick Cleaning, Wet & Dry Blasting, Industrial & Domestic, Steel Work, Graffiti Removal, Cleaning on or off site. Plant & Machinery. Jobs of all sizes undertaken. TEL: 015242 21929  
Mob. 07794079939

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**Wray Post Office and Village Store**, your local shop for newspapers, magazines, cards, stationery, soft drinks, cigarettes, beers, wines and spirits. Fresh local produce including Bowland sausage & bacon, Hornby Butchers oven ready meals, Bentham Bakeries bread, cakes & pies and Thomas Moss for fruit & vegetables.

Opening times: Monday to Friday - 7.00 a.m. to 6.00 p.m.

Saturday - 7.00 a.m. to 1.00 p.m.

Sunday -9.00 a.m. to 12 noon Tel: 21253

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### **Temptations Craft Boutique, 31 Main Street, Bentham.**

**Tel: 015242 61868. email: temptationsbentham@yahoo.co.uk**

[www.temptationsbentham.co.uk](http://www.temptationsbentham.co.uk) Over 300 Patchwork fabrics, Dressmaking fabrics and patterns, Haberdashery, zips, beads, ribbon, etc. Knitting yarn & patterns, Craft books. **Classes in patchwork, sewing, knitting and crochet. We now sell brother sewing machines.**

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### **Greenhall Riding Centre, Tatham.**

**\* Riding lessons. \*Hacking. \* Children's farm rides.**

**All now available by fully qualified instructor.**

**Telephone Rachael on: 015242 61594 or 07817918234**

**[www.greenhallridingcentre.com](http://www.greenhallridingcentre.com)**

**Graham Walker - Local Handyman. Home Maintenance & Repairs**  
Painting, Decorating, Floor & Wall Tiling. Friendly, Reliable & Quality Service. No job too small. For free estimate with no obligation call Graham on 015242 22511 or Mob: 07432096057

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**J. Lawson - Electrical Contractor. Tel: 07786222566 or 015242 62916**

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**Telford Building Ltd.** Stonework, Brick/Block Work, Indian Flagging, Paths, Patios, Repointing Work, Extensions, Roofing, Floor sealing, Mini Digger work. No job too small. Friendly service. Tel: m. 07971387678 or 015242 21908

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**B & W Funerals Ltd - Funeral Director, James G Macdonald.** Tel: 015242 61370. Mobile: 07758002260. *We are an independent company and are members of the N.A.F.D. 24 hour service, Private Chapel of Rest. 39 Main Street, Ingleton, Carnforth. Office Tel: 015242 41293*

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**WOODWORK.** Need help with a woodwork project? Over 30 years I have assisted many people with all kinds of furniture and woodwork problems, and helped them make some amazing pieces. I also make bookshelves to order, and repair furniture. Iain Robertson, Lower Thrushgill, Wray. Tel 015242 61410. Email [spout@onetel.com](mailto:spout@onetel.com)  
[www.woodworking-tuition.co.uk](http://www.woodworking-tuition.co.uk)

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**BUTLER INTERIORS-** Suppliers and installers of quality German kitchens, bedrooms and bathrooms. A local family firm with over 15 year's experience and our reputation built upon recommendations. **Visit our showroom by appointment.** Unit 3, Low Mills, Mill Lane, Low Bentham, LA2 7DA. Tel: 015242 63388.  
E-mail: [mark@butlerinteriors.co.uk](mailto:mark@butlerinteriors.co.uk) Website: [www.butlerinteriors.co.uk](http://www.butlerinteriors.co.uk)

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**Three Borders Pantry** serving quality breakfasts, hot lunch specials, sandwiches, salads, jacket potatoes, quiche & home baking to take-away. **Mon. to Fri. & Saturdays** in Summer. **26 Main St., High Bentham.** (Between the Chemist and P.O.) Telephone enquiries welcome 63347.

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**Tony Sedgwick - Joiner** Windows, Doors, Conservatories and much more ..... Free estimates given.  
Tel: 015242 21759 (Workshop) or Mobile 07707445802

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**Down 2 Earth Garden Services (J & J Planting/Joyce Jones)**  
Qualified experienced gardeners. Insured with references available.  
Border Design/soft landscaping. Ponds/wildflower introduction/irrigation systems. From grasscutting to design we offer all the skills your garden may need. Tel. Joyce on 015242 22584. Mob: 078521 29852  
**Bowland Boer Goats.** Local, free range Boer Goats specifically bred for meat. A taste that is lean, low fat & delicious. We also rear free range **Saddleback pigs.** Call to place a meat order when available or reserve a weaner for fattening. [www.bowlandboergoats.co.uk](http://www.bowlandboergoats.co.uk) 015242 63424 Becky

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Stephen Hewitt - Fencing, Timber Work, Dry Stone Walling, Hedge Laying. 015242 61281 07833473785

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Seasoned Logs (Large net bags) £5.00 (Bulk bags available)  
Best Kiln Dried Kindling £2.00 per 2kg bag  
Best Quality Horse Hay £5.00 per bale Over 10 bales £4.00 per bale  
Large Top Quality Haylage round bales £40 each delivered  
Box Tree Farm, Wennington. Call in or phone Ian 07930 336 472

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**The Average Cabbage** -Local suppliers of "Grow Your Own" vegetable and salad plants. All plants grown naturally from organic seed in organic compost and without the use of pesticides. To request an order form or local delivery please contact Lisa & Becky at [enquiries@theaveragecabbage.co.uk](mailto:enquiries@theaveragecabbage.co.uk) or phone either 07590 838883 or 07962 277205



**Commercial Groundworks Ltd. CITB reg.** Proprietor - Steven Foster  
Tel: 01524 42055, mob: 07803 628 196.  
[www.commercialgroundworks.co.uk](http://www.commercialgroundworks.co.uk)  
[email.stevenfoster1973@yahoo.co.uk](mailto:email.stevenfoster1973@yahoo.co.uk)

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**Made in Wray - Bespoke Wooden Products and Services - Help is at hand.....** Click on [madeinwray.co.uk](http://madeinwray.co.uk) for my range of bespoke handmade wooden garden products including raised manger planters, log stores, ground/wall manger planters, trough boxes, wheelie bin stores - all made to order especially for you.

Handywoman is available by appointment. Jobs from maintenance to mowing, painting to powerwashing - anything and most things - please ask or look up my property and garden services on my website.

Trustworthy, local and committed to providing quality service and customer satisfaction with help when and where you need it for the jobs you don't have time for or if you need another pair of hands.

Please call Cath Halstead on 07702 824913 or email

[enquiries@madeinwray.co.uk](mailto:enquiries@madeinwray.co.uk) Further details are also available from Wray PO and Greenfoot Garden Centre.

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**J. Wright & Sons - Building, Joinery & Roofing Contractors**

Tel: 015242 21976 or 07980 444 221

email: [EnnerdaleBC@aol.com](mailto:EnnerdaleBC@aol.com)

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**Personal, professional care and support in your own home**

We at Caremark, a new home care provider, are pleased to announce successful registration with the Care Quality Commission, the regulatory body governing the Health and Social Care industry.

Locally and independently owned, we offer our services to people who need extra support to remain living in their own home. This can range from simple companionship or assistance with shopping, social activities and light domestic duties, to personal care, short-term respite or even full-time live-in care. Our main aim is to make a difference to people's lives by enabling them to remain independent in their own homes for longer

and build a reputation for giving the customer choice and control over what care is provided for them and how, offering the same high standards that you would wish for a member of your own family. At Caremark, we know that all our Customers are individuals, with their own specific needs and preferences.

Caremark now have Care and Support Workers fully trained and working in the community, and we are keen to hear from anyone interested in joining the team, especially in villages in and around the Lune Valley. Hours are negotiable around availability and full training will be provided. As the work involves travel to and from customers' homes, carers must be able to drive and have access to a vehicle.

**For more information on Caremark services or employment opportunities call Sue or Alison on 01524 735207 or email: [lancaster@caremark.co.uk](mailto:lancaster@caremark.co.uk)**

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**Offices/Workspace to let - Strand Barn, Hornby.  
Enquiries: 015242 63139. [www.strandbarn.co.uk](http://www.strandbarn.co.uk)**

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### **Copy Date for the Wrayly Mail**

**ONLY Diary Dates (as they are free) can be emailed to: [wraylymail@woodengates.net](mailto:wraylymail@woodengates.net) by the 14th of each month.**

**ALL other items are collected from the tin in Wray Post Office on the 15th of each month. Business advertisements £2 per month, announcements etc. £1.** Please could a name and contact number accompany each item. (Diary Dates can also be put in tin if preferred).

If you would like a page on the village website please email [chris@wrayvillage.co.uk](mailto:chris@wrayvillage.co.uk) or if you would like a link to your own website on ours just ask. A link back to us is the only payment required.  
<http://www.wrayvillage.co.uk>

